



# KEYNOTES

## May 2022



**UPCOMING Dates:**

**Installation Banquet**  
**Monday, May 23**  
**4:30 p.m.**

**Elmer's Restaurant**  
**10001 NE Sandy Blvd.**

**KEYNOTES DEADLINE IS THE FIRST DAY OF EACH MONTH.**

Please send information to Barb Kaufman at danbarbkauf@msn.com

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### President's Message

#### By Peggy Taylor and Bonnie Jepsen

**Welcome to May 2022!**

Another pandemic year has brought us together for our Zoom board and branch meetings. We were very fortunate to slip in two in-person luncheons this spring to the delight of those who were able to attend.

Zoom ruled the **2022 AAUW of Oregon Annual Meeting in April in Ashland**. The varied programs from aging to wine "Yum, Yum!" were enjoyable, informative, and inspirational.

And the good news is...The **May AAUW Gresham Area Branch Installation and Recognition Banquet** will officially be celebrated this year **in-person!** The banquet will be held at **Elmer's Restaurant – 101st and Sandy Boulevard - Monday, May 23.**

Social gathering will begin at **4:30 pm**. Branch recognition and awards will highlight the evening. Included will be:

- ◆ **Installation of new officers for 2022-2024,**
- ◆ **Woman of Achievement Award**
- ◆ **Lisa Palermo, Woman of the Trades – Breaking Barriers Award**
- ◆ **Named Gift Honorees,**
- ◆ **Acknowledgement—MHCC Heroes for Education Award.**

The board and the branch have spent two years isolating, Zooming, and contacting one another via phone or e-mail. Hopefully a new normal will prevail in 2022.

Summer days are ahead! Peggy and I are hoping we can look forward to a wonderful and healthy summer.

**Bonnie**





## AAUW GRESHAM AREA (OR) BRANCH

BOARD OF DIRECTORS  
2021-2022

### Co-Presidents:

Bonnie Jepsen & Peggy Taylor

### VP Finance:

Barb Lintner

### VP Program:

Arlene Lemieux, Martha Manske

### VP Membership:

Sharron Noone

Katie Goodwin

### VP Communication:

Connie Maguire

### Public Policy Chair:

Sharron Noone

### Director of Governance:

Mary Mayer

### Director of Funds

### Development:

Barb Lintner

### AAUW Funds Chair:

Katie Goodwin

### Sunshine Chair:

Pat Woolsey

### Inter-Branch Council Rep:

Arlene Lemieux

### College/University Chair:

Cynthia Rauscher

Arlene Lemieux

### Historian:

Judith Scott

### MHCC Scholarship Chair:

Mary Mayer

### NCCWSL Chair:

Arlene Lemieux

### Newsletter Editor:

Barb Kaufman

### Reviewer:

Deb Frick

### Monthly Meetings

Branch meetings will be held on the fourth Monday in September, October, November, March, and April. **Our new time for meetings will be from 3-5 PM with the schedule outlined below:**

3:00 - 3:15 Socialization

3:15 - 4:00 Program

10 minute break

4:10 - 4:50 Business meeting

4:50 - 5:00 Closure/exit building



### Programs for 2021-2022



**Monday, May 23, 2022**

### May Installation Banquet

Come join us for the end-of-the-year Installation Banquet. We want to see everyone there!

**Date: Monday, May 23, 2022**

**Time: 4:30**

**Place: Elmer's Restaurant in Parkrose at 10001 NE Sandy Blvd.**

### Program:

4:30 - Social time

5:00 - order dinners (off the menu, individual checks)

6:00 - Start Official Program

**Introduction of special guests** - Bonnie Jepsen and Peggy Taylor

**Installation of officers for 2022-2024** -  
Cynthia Rauscher  
Arlene Lemieux and Sharron Noone -Co-Presidents  
Barb Kaufman - Program Vice President  
Martha Manske - Membership Vice President  
Connie Maguire - Communications Vice President

**Woman of Achievement Award** - Bonnie Jepsen  
**Named Gift Honorees Awards** - Katie Goodwin  
**AAUW Breaking Barriers Award** - Mardy Stevens  
**Gladys Forrester Grant** - Barb Lintner  
**University Candle Light Ceremony**

**RSVP at 503-252-8467 or email at [t.lemieux@comcast.net](mailto:t.lemieux@comcast.net).**



**Board meeting:  
May 10, 3 p.m.  
On ZOOM**

## Highlights of AAUW State Annual Meeting

### Sessions and Speakers

#### Keynote Speaker—State AAUW Meeting

The Friday night speaker for the **Oregon AAUW Annual Meeting** was **Representative Pam Marsh** from Jackson County who gave an awesome talk about her three methods to “**Bridge the Gap**”, specifically between Democrats and Republicans in the Legislature. She has served in her elected position since 2016, through both the Oregon and Washington DC demonstration/riots and the divisive Oregon sessions that followed. She provided three examples for how the Legislators finally were able to take needed steps to aid victims of wildfires, expand broadband availability throughout the state, and take small steps toward dealing with climate change.

**Use words that are not hot buttons. Reframe content to reduce reactions.**

**Make sure benefits are obvious to many kinds of communities.**

**Value all kinds of communities.**

Rep. Marsh also praised AAUW for being the kind of group that “builds social capital” by meeting together, discussing issues and taking action when needed to support the needs of the community. Organizations like AAUW help all citizens have confidence in the processes that we use to move forward.

#### Breaking Barriers Award Winner

**Lake Oswego and Gresham Branches nominated Lisa Palermo, the Development Director of Oregon Tradeswomen.** She was honored in the Awards Ceremony of the Oregon AAUW Annual Meeting. In her acceptance speech, Lisa emphasized the similarities between the AAUW mission (Advancing gender equity through research, education and advocacy) and that of Oregon Tradeswomen (... helps transform lives by building community and economic independence through empowerment, training, career education, advocacy, and leadership development in the skilled trades.) She emphasized that the award is not so much about her but about every woman who walks onto the job site every day and is faced with challenges like being unwanted, being treated as a second-class citizen, or even having hate symbols posted in full view.

#### Can We Get Along? Examining our Personal Experiences of Connection and Community, AAUW Oregon Annual Conference Session

Unlike others from the conference this segment is no longer available on the Oregon AAUW website. **Chisao Hata, Oregon Humanities Conversation Project Leader** conducted an interactive experience for those attending on Zoom on Thurs-

day, April 7 from 7:00 to 8:30. She asked us to introduce ourselves and state where we were born in Zoom rooms of 2 to 3 participants. She then asked us to answer the following questions in a Zoom room with a different set of participants: Why can't we get along? What are barriers to getting along? What could we do to get along? After sharing some of these discussions with the group she moved us to a final Zoom room with still other people. This time we were asked to talk about experiences we have had with people who are very different from us and to come up with a concluding sentence. I enjoyed the exercise and would encourage others to have these discussions with family and friends as a way to broaden their perspectives.



#### AAUW CEO Gloria Blackwell

##### Summary of remarks to AAUW of Oregon - April 9, 2022

##### One AAUW: Building Equity for All

AAUW's accomplishments in advocacy, education and research -

- \* Produced and delivered webinars and virtual workshops to 25,000 individuals
- \* Advocated for voting rights
- \* Our research highlighting issues - pay equity, etc.
- \* Listening, learning, connecting
- \* Leveraging our success
- \* Increasing contributions to the Greatest Needs Fund
- \* Sending 70,000 letters to elected officials
- \* Affiliate participation in the 5 Star Recognition Program
- \* Publishing “Membership Matters”
- \* Fundraising

**AAUW's Strategic Focus Areas** – education and training, economic security, leadership, governance – continue to guide our efforts, our programming. AAUW's collective voice continues to make a difference.

What can you do to help: 1) Participate in the 5 Star Recognition Program; 2) Reflect on core mission objectives; 3) Donate to the Greatest Needs Fund; 4) Recognize Title IX's 50<sup>th</sup> Anniversary; 5) Speak out!

## Highlights of AAUW State Annual Meeting Sessions and Speakers

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### **Aging Gracefully by Dr. Neesha Patel, OHSU**

#### **Notes Shared by Cynthia Rauscher**

Although she was a young woman, Dr. Patel had great advice for aging gracefully. Here are some of the highlights:

5 Colors daily-Eat foods of 5 colors (food groups) daily.

Tai Chi-practice for good balance.

2 bottles of water-These can be your hand weights when you exercise. You do not need weights from a gym. They do not need to be heavy either.

Purpose and Social Engagement keep you young!

Gardening is very good exercise that includes stretching.

Nature Walks (or walking your dog) bring us the daily movement we need.

#### **Eating-When you feel 80% full, STOP eating!**

- ◆ Serve yourself at a counter, then put food away.
- ◆ Smaller plates are used for smaller portions.
- ◆ Eat slowly and sit down when eating.
- ◆ Eat your larger meal at lunch and your smallest meal in the evening.
- ◆ Best, if at all-one glass of wine (preferably red) per day is allowed.

Why do I wake up each day? Write your personal mission statement.(Example,To learn new skills.)

Downshifting-Take time to decompress daily, with meditation or spiritual reading. And belong to a spiritual community.

Make family a priority.

Ballroom dancing lessons are good. She mentioned Arthur Brooks or Arthur Murray lessons.

From Strength to Strength, we should find success and happiness—to keep purpose in our second half of life! (Her words were inspiring!)



**TITLE IX TURNS 50 IN JUNE!** - and I have issued a challenge to all Oregon members to donate at least \$50 to AAUW Funds to honor this historic anniversary!

Here's how:



- Make your contribution to AAUW Greatest Needs - #9110.
- Note on the check memo line "Title IX 50 yrs."
- Give your check to your branch Funds chair, or - if you want to send it to me - tell her that you met the challenge!
- Let me know whether the check was mailed directly, or through your branch Funds chair or president.

I'll keep a list of those who donate and at the end of June will send the list and special certificates.

My address: 1755 SW 89<sup>th</sup> Avenue; Portland, OR 97225

Thanks for your help!

Claudia Gray  
claudiag63@comcast.net



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### AAUW GAB Awards Gladys Forrester Grant to Oregon Tradeswoman

**Barb Lintner presented the Gladys Forrester Education Grant application from Lisa Palermo of the Oregon Tradeswoman organization at the April Gresham Area Branch board meeting.** The board voted to award \$500 to this worthwhile organization for their student program which provides necessary equipment and other job required items to the women after they have completed the course of study and have obtained a job with the help of the organization. The expenses will be documented for review and AAUW GAB will be credited for this donation in Oregon Tradeswoman publications as per the grant requirements.

Many of us have heard Lisa speak and a good sized group toured the facility last fall. The **grant will be awarded to Lisa at our meeting on May 23 at Elmers on 101<sup>st</sup> and Sandy.** She is also the "Breaking Barriers" Oregon AAUW honoree for 2022 thanks to our nomination and those of other Oregon branches. Hopefully many will be able to attend and meet Lisa in person.



# Enrichment Groups Contacts for 2021-2022

### Between the Covers—On ZOOM

Arlene Lemieux  
t.lemieux@comcast.net

### International Dining

Arlene Lemieux 503-252-8467  
t.lemieux@comcast.net

### Bridge Groups

Ann Watt 503-652-3337  
rlwatt@aol.com  
Arlene Lemieux 503-252-8467  
t.lemieux@comcast.net

### Keep Walking, Walking

Arlene Lemieux 503-252-8467  
t.lemieux@comcast.net  
Jan Gray 503-667-4657  
jlonggray@hotmail.com

### Crafts

Martha Manske 503-666-4220  
martha@nwartmall.com

### Public Policy

Sharron Noone 503-799-2139  
smnrrooe@aol.com

### Golden Girls

Bonnie Jepsen 503-663-5288  
Barb Lintner 503-847-1960  
barblintner@gmail.com



### Between the Covers

The **May 18** book group meeting will take place at Sweet Betty’s Bistro (Gresham Station at 543 NW 12th St.) at 12:00. We will be discussing 2 books - **The Lincoln Highway by Amor Tolles** and **Lessons in Chemistry by Bonnie Gamus**. Read at least one of them or come just to see us.

Arlene

**MAY BIRTHDAY WISHES TO OUR  
GRESHAM BRANCH AAUW MEMBERS**



<b>Lorraine Chapman</b>	<b>May 19</b>
<b>Margaret Lemieux</b>	<b>May 22</b>
<b>Janet Westberg</b>	<b>May 23</b>



## Membership

**All members ` dues beginning this year will be one year from the date paid, thus most of us in Gresham will continue to have a June renewal date.** For this year we are asked NOT to renew until the new "HUB" is tested to make sure it will process group renewals successfully. I also hope this will mean that an invoice may be sent to expedite VISA renewals.

**Dues for this year will be \$101.00 for National, State and GAB combined. For life member's dues will continue to be \$36.00.** Please be ready to renew as soon as we get the "okay" as June will be our month. **If you decide to go online and renew again, wait until June so you will get your full year renewing in May will give you a May renewal date if I understand the system correctly.** The good news is your board decided to no longer request an application form unless you have contact information or perhaps interest group changes.

## Katie Goodwin

### Funds

First let me give a brief report on the "Funds Gala" at our recent state convention. **Sofia Farole and AAUW American Fellow who is at Portland State University was our guest speaker.** She is doing post doctoral studies in political science comparing the purported African voting and candidate system with what the actual result is. Women do not advance as they can only seek certain offices which lead no where. Sofia is also teaching in the Mark O. Hatfield School of Government. This amazing woman was born in Somalia, immigrated at an early age to Minnesota, but was in Seattle for all of her education including receiving both her Bachelor and Master's degrees from the University of Washington before entering UCLA for

her doctorate in Political Science. Her desire is to return to South Africa and work to get women the right to vote equitably.

Are you up to another challenge? On June 23' the 50<sup>th</sup> Anniversary of the passage of the Title IX education amendment will be celebrated. Claudia Gray, State AAUW co-chair has issued a challenge to members to donate \$50.00 to AAUW Fund #9110 (greatest need) to celebrate Title IX. **You many make your check out to AAUW Funds with Title IX challenge on the subject line and send them to either Claudia Gray, 1755 SW 80<sup>th</sup> Avenue, Portland, OR 97225, 503-292-4809 or to me, Katie Goodwin, 3131 SE 180<sup>th</sup> Avenue, Portland, OR 97236, 503-761-4751.** We will complete the proper form for national so you receive credit for your donation and send your checks to national. National will send you your tax donation receipt. I know this is a lot of info –sorry.

**Katie Goodwin, GAB AAUW Funds advocate**

### GAB shines at the AAUW Funds Gala

**GAB was #1 in the state for total giving to AAUW Funds at \$19,836.23 and #1 in per capita giving at \$413.25. Thank you, thank you, thank you all.** Thus GAB was entitled to honor 6 branch members for the service. **Those honored were: Peggy Taylor, Bonnie Jepsen, Sharron Noone, Connie Maguire, Barb Lintner and Pat Woolsey.** They will be receiving their certificates at our May banquet – come join us! Several GAB members were named in the listing of categories of giving by the State and **we had 8 members who met the \$140.00 challenge for the 140<sup>th</sup> anniversary of AAUW.**



AMERICAN ASSOCIATION OF UNIVERSITY WOMEN

The American Association of University Women (AAUW) advances gender equity for women and girls through research, education, and advocacy.

**Vision** - Equity for all

**Values:**

Nonpartisan.

Fact-based.

Integrity.

Inclusion and Intersectionality.

**Diversity**

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

**State of Oregon & National Websites:**

AAUW of Oregon: [aauw-or.aauw.net](http://aauw-or.aauw.net) (password = oregonaauw) AAUW National: [www.aauw.org](http://www.aauw.org)

**Gresham Branch Address:** Gresham Area Branch of AAUW, Inc.

4233 SE 182nd Ave., #343

Gresham, OR 97030

**Gresham Area Website:** [aauwgreshamarea.org](http://aauwgreshamarea.org)

**Gresham Facebook Page:** Accessible from website



**Gresham Area Branch 2022-2023 MEMBERSHIP APPLICATION & RENEWAL FORM**

Name:	Last	First	Date
Address:	Street	Apt/Unit No.	City Zip+4 Code
Phone:	Primary	Other	Email

**The above information is required and will be listed in the AAUW Directory.**

**BACKGROUND INFORMATION**

Education (highest degree earned): \_\_\_\_\_  
College/University

_____	_____	_____
Location	Degree	Year

Current Profession: \_\_\_\_\_

Professional Field(s): \_\_\_\_\_

Birthday (month and day only): \_\_\_\_\_

**ENRICHMENT GROUPS** (Please check activities of interest.)

- Between the Covers (book group)     Crafts     Golden Girls (day trips)     International Dining
- Bridge Group (2)     Public Policy     Keep Walking, Walking

**ANNUAL DUES** (Please check box that applies.) Dues are for the fiscal year (July 1-June 30) State and branch newsletters are distributed electronically to those members who have email and by mail to all other members. Dues are partially tax-deductible, as indicated below.

- Renewing Member** ..... (\$82 is tax deductible) .... \$101.00
- New Member** ..... (\$82 is tax deductible) .... \$101.00
- Life Member** ..... (\$20 is tax deductible) .... \$36.00

\_\_\_\_\_ I paid online at AAUW.org.                      \_\_\_\_\_ Dues Amount Enclosed: \$\_\_\_\_\_

**PAYMENT OPTIONS:** By check, payable to **AAUW Gresham Area Branch**. Please complete this form and return it with your check to the Gresham Area Branch Vice-President of Membership or mail to:

Membership  
Gresham Area Branch of AAUW, Inc.  
4233 SE 182<sup>nd</sup> Avenue, #343  
Gresham, OR 97030

**Only return this form if you have personal information update or changes to Enrichment Groups.**